



# The Fresh Fruit & Vegetable Program (FFVP)



## What is FFVP?

A federally assisted program that provides free fruit and vegetables to students at eligible elementary schools.



## What is the goal of FFVP?

Introduce students to new varieties of fresh fruits and vegetables, increase acceptance of fruits and vegetables, and encourage healthier choices by using nutrition education.



## How does FFVP work?

Depending on the school, your student will have the option to try a fresh fruit or vegetable 1-5 times per week. This is a free program for your student to enjoy with other classmates while they learn nutrition education!

For more information on the fresh fruit & vegetable program, please visit <https://www.fns.usda.gov/ffvp/fresh-fruit-and-vegetable-program>



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