

# Updates for COVID-19 School Planning Resources

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# Recent Updates

## CDE

- [COVID-19 Graduation Guidance Spring 2021](#) (March 29)
- [COVID-19 Prom Guidance](#) (March 16)
- LPHA for graduation guidance
- [Organized sports guidance](#) (Feb 17)
- [Performing Arts Guidance](#) (February 12)



# Recent Updates

## CDHPE

- [Statewide Mask Order](#) -Extended on for 30 days unless extended further by Executive Order (April 3)
  - requires mask-wearing for people in Colorado who are 11 years and older in all counties in schools (including extracurricular activities), child care centers,
  - In counties categorized in [Dial 3.0](#) as Level Blue, Level Yellow, Level Orange, Level Red, or Level Purple, masks must also be worn in public indoor settings
  - *Monitor mask guidance from your local public health agency*



# Recent Updates

## CDHPE

- [Colorado Vaccine Distribution](#)
  - Current: Phase 2
  - General Public age 16 & over
  - [Pfizer and BioNTech requested the F.D.A.'s authorization to use their vaccine in 12- to 15-year-olds.](#) (04/09)
- [COVID-19 Dial 3.0](#) (03/24)
  - Capacity level restrictions allow for in-person learning under both Level Green and Level Blue. If a County moves to Level Yellow In-person is suggested, and schools should utilize hybrid or remote learning as appropriate.
  - Outdoor events in Levels Green and Blue no longer have state-level capacity restrictions under the dial. Counties may choose to implement capacity restrictions on outdoor events at the local level. Outdoor events in Level Yellow calls for 50% capacity or 175 people, whichever is fewer.
  - April 16 – “Devolve” existing PHO; Dial becomes guidance for counties to adopt or not



# Recent Updates

## CDC

- [Revised physical distancing recommendations](#) to reflect at least 3 feet between students in classrooms and provide clearer guidance when a greater distance (such as 6 feet) is recommended.
- Between students in classrooms:
  - In elementary schools, students should be at least 3 feet apart.
  - In middle schools and high schools, students should be at least 3 feet apart in areas of low, moderate, or substantial community transmission. In areas of high community transmission, middle and high school students should be 6 feet apart if cohorting is not possible.
- Maintain 6 feet of distance in the following settings:
  - Between adults (teachers and staff), and between adults and students,
  - When masks cannot be worn
  - During activities when increased exhalation occurs
  - In common areas



# CDE COVID-19 Resources for Schools

Not secure | cde.state.co.us/safeschools

Apps Archived Latest Up... Race and Equity - T... 20-21 Learning Pla... 20-21 District Reop... Home - Colorado C... Denver

### Connect With Health Agencies

- CDC Guidance
- CDPHE Guidance
- Find Your Public Health Agency

### Connect With Health Resources

- Safer at Home in the Vast, Great Outdoors
- Protect Our Neighbors
- Colorado Mask Project

### Guidance for Parents

- [Protect Our Neighbors](#) - local communities can apply for Protect-Our-Neighbors certification starting July 7
- [Safer at Home in the Vast, Great Outdoors](#) - started June 4
  - [Get Help Now](#) - resources for basic needs
- [Guidance for wearing masks](#) - State of Colorado
- [How to Talk to Your Kids About Coronavirus](#) - PBS
- [Protective Equipment Donations Needed \(PDF\)](#) - State of Colorado
- [Parks and Playgrounds Guidance](#) - CDPHE
- [What to Do When School is Closed](#) - CDPHE
- [Free Summer Meals](#)
- [School Meals for Kids: Interactive Map](#) - CDE
- [Food Resources During the COVID-19 Outbreak](#) - Hunger Free Colorado
- [Talking to Children About COVID-19 \(PDF\)](#) - National Associations of: School Psychologists and School Nurses
- [Helping Children Cope With Stress During the 2019-nCoV Outbreak \(PDF\)](#) - World Health Organization (WHO)
- [Mental Health and Coping](#) - CDC

### Guidance for Educators and Schools

- [Planning the 2020-21 School Year: A Framework and Toolkit for School and District Leaders](#) - CDE
- [COVID-19 Resources for Principals](#) - CDE
- [Summer School Considerations](#) - CDE
- [Guidance for wearing masks](#) - State of Colorado
- [CARES Act Elementary and Secondary School Emergency Relief Fund](#) - CDE
- [CDE Policy Guidance](#) on a wide range of topics
- [Support from Colorado's Teachers of the Year](#) - CDE
- [For Schools: Picking up Student Materials and Property While Schools are Closed](#) - CDE
- [Child Abuse Reporting Resources for Educators](#) - Colorado Department of Human Services

### Safer at Home Guidance

- [Education P-12 guidance](#)
- [Child care facilities guidance](#)
- [Children's day camps & youth sports camps](#)
- [Colorado "Safer at Home" website](#)

### Federal Education Guidance

- [Updated Guidance for the Interruption of Study Related to COVID-19](#) - U.S. Office of Postsecondary Education
- [Student Privacy and FERPA During COVID-19 \(PDF\)](#) - U.S. Dept. of Education
- [Preventing and Addressing Potential Discrimination Associated with COVID-19](#) - U.S. Office for Civil Rights
- [Providing Services to Children with Disabilities \(PDF\)](#) - U.S. Dept of Education

## • Where Do I Find What We Need?

### • CDPHE

- COVID-19 Data & Info
- Public Health Orders
- General Phase Info
- Local Public Health Contacts

### • CDE

- Reopening School Guidance
- Website Updates Timeline
- Operational Guides - Checklists, Screening Protocols, ect.



# Mental Health Resources

*“Anything that’s human is mentionable, and anything that is mentionable can be more manageable.*

*When we can talk about our feelings, they become less overwhelming, less upsetting, and less scary.” ~Fred Rogers*



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# COVID-19 Vaccine Updates

	Pfizer	Moderna	Janssen	Astra-Zeneca
<b>Dosing</b>	2 doses, 21 days apart	2 doses, 28 days apart	1 dose	2 doses, interval TBD
<b>Ages studied</b>	≥16 years	≥18 years	≥18 years	≥18 years
<b>FDA Status in US</b>	Authorized	Authorized	Authorized	Expect review April/May 2021
<b>Trials for adolescents (12y+)</b>	Finished enrolling trial January Press release April Maybe FDA <b>April/May</b>	Finished enrolling trial early March  Maybe FDA in <b>June/July</b>	Not yet	Not yet
<b>Trials for younger kids (6-12y, 2-6y, &lt;2y)</b>	Not yet, will have CO site	Started enrolling late March Maybe FDA <b>Fall 2021</b>	Not yet, will have CO site	Not yet

Source: Dr. Jessica Cataldi, MD, Children's Hospital Colorado



# CDC Guidance – Fully Vaccinated Guidance

- People are considered fully vaccinated:
  - 2 weeks after their second dose in a 2-dose series, like the Pfizer or Moderna vaccines, or
  - 2 weeks after a single-dose vaccine, like Johnson & Johnson's Janssen vaccine
- If it has been **less than 2 weeks since your shot**, or if you still need to get your second dose, **you are NOT fully protected.**
- **After you've been fully vaccinated** against COVID-19, you should **keep taking precautions in public places** like wearing a mask, staying 6 feet apart from others, and avoiding crowds and poorly ventilated spaces until we know more.



# Updated Public Health Guidance (Early April)

- CDC
  - Vaccinated individuals (2 weeks after final vaccine dose) can travel domestically and should continue to wear a mask.
  - Vaccinated individuals traveling internationally still need a test prior return to the US and should test 3-5 days after they return in the US. Do not need to quarantine after travel though.
  - For now, everyone should still minimize non-essential travel
  - Removed the 90-day post vaccine time limit for considering protection from vaccination
  - Still keep a 90-day post-COVID-19-infection time limit for considering protection against re-infection.



# COVID-19 Back to Basics

- Why are we still masking?
  - There is still a lot of COVID-19 circulating in the community locally and nationally
    - Both cases and hospitalizations are increasing nationwide and in Colorado
  - New variants spread more easily and cause more severe disease across all ages
  - Vaccination rates are increasing but are nowhere near herd immunity / community protection levels
  - With high case numbers and most of Coloradans not yet vaccinated, it remains important to wear a mask to decrease risk of spreading a dangerous disease that could make other people very sick.
  - In schools, most students are not vaccinated. Studies showing low risk of spread in schools \*with\* use of masks and other prevention strategies



# COVID-19 Back to Basics

- Children most often have mild symptoms
  - Good for children, but means we need to think about COVID-19 in mildly ill children.
  - 10-15% asymptomatic/subclinical symptoms
  - PLUS can transmit before symptoms start
- 45-55% fever (so half have no fever)
- 35-55% cough
- 10-20% sore throat, rhinorrhea, fatigue, myalgia
- 5-15% headache, shortness of breath, vomiting, diarrhea, abdominal pain
- Loss of taste/smell rare but strongly predictive of COVID-19



# COVID-19 Back to Basics: Who is at risk

- Children and adults with medical conditions have higher risk of severe COVID-19 disease, hospitalization, and death
- Higher risk of severe COVID-19 in pregnancy
- Higher risk of severe COVID-19, hospitalization, and death in older adults
- Higher risk of spread of COVID-19 among
  - People living or working in congregate care settings: nursing homes, incarcerated people, people experiencing homelessness, military barracks, dormitories.
  - People living in households with more people, multi-generational households.
  - People working in crowded conditions: meat-processing facilities



# COVID-19 Back to Basics: Transmission

- Respiratory illness
  - Virus in upper (nose) and lower (lungs) respiratory tract
  - Spread by respiratory transmission, respiratory secretions
- Spreads by droplets and small particle aerosols
  - Can spread through touching respiratory secretions then touching a mucous membrane (mouth, nose, eyes). This is less common (this is what 'deep cleaning' addresses, but is minority of transmission)
- Spreads through respiratory droplets and small particle aerosols in shared air
  - Spreads more easily at closer distances
  - Spreads more easily when sharing air for long period of time with less ventilation
- Three Cs: close contact (shorter distance to spread), crowds (more people, higher chance someone might be sick), closed spaces (poor ventilation)





# COVID-19 Back to Basics: Isolation and Quarantine

- Isolation = **Sick**
  - How long? Until person is no longer contagious
  - For most people with COVID-19, stop shedding transmissible virus by 10 days
- Quarantine = **Question**
  - Person has been exposed to disease and there is **Question** about if they might also become sick and contagious
  - How long? Until person is out of the incubation period and no longer at risk of becoming contagious
  - For COVID-19, the incubation period is 14 days. Most people who will become infected show that infection by 7-10 days, but not all

## COVID-19: Quarantine vs. Isolation

**QUARANTINE** keeps someone who was in close contact with someone who has COVID-19 away from others.

**ISOLATION** keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.



**If you had close contact with a person who has COVID-19**

- The best way to protect yourself and others is to stay home for 14 days after your last contact. Check your [local health department's website](#) for information about options in your area to possibly shorten this quarantine period.
- Check your temperature twice a day and watch for symptoms of COVID-19.
- If possible, stay away from people who are at higher-risk for getting very sick from COVID-19.

**If you are sick and think or know you have COVID-19**

- Stay home until after
  - At least 10 days since symptoms first appeared **and**
  - At least 24 hours with no fever with fever-reducing medication **and**
  - Symptoms have improved
- If you tested positive for COVID-19 but do not have symptoms
  - Stay home until after
    - 10 days have passed since your positive test

If you live with others, stay in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available.

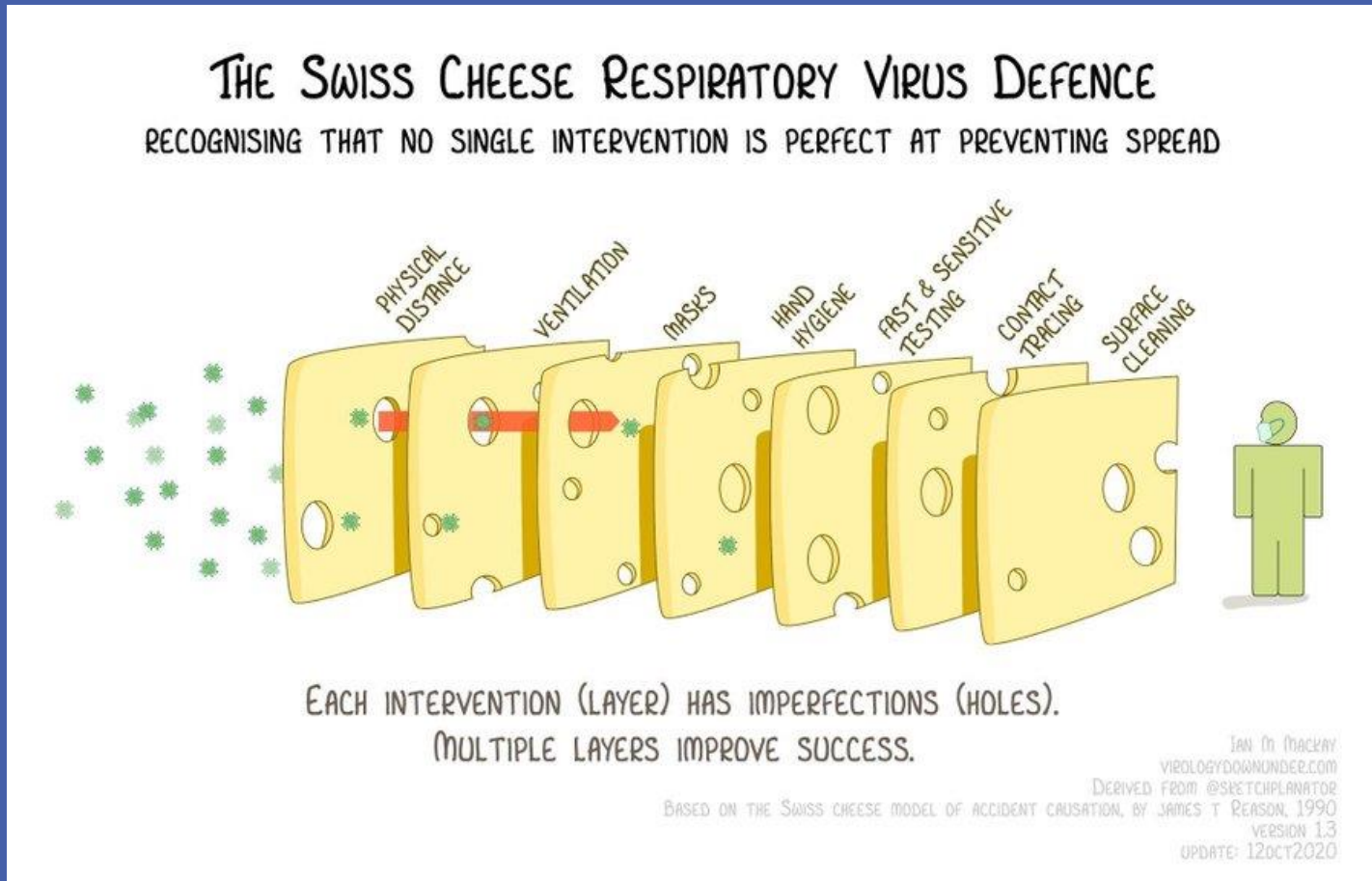


Source: Dr. Jessica Cataldi, MD, Children's Hospital Colorado



# While we await vaccination...

## Remember... Layer Strategies





# COVID-19 FAQ's

CDPHE General COVID-19  
FAQ's

Mask Order FAQ's

Your  
Questions?

CDE COVID-19 FAQ's

CDC COVID-19 FAQ's