



Utilizing a **research** - based  
continuous **learning** and  
**development** approach



Increasing safety for people in educational settings

## The Mandt System

### A comprehensive teacher training for classroom management

The Mandt System is a relationship based crisis interaction “train the trainer” program used extensively across America. Our focus has been and continues to be on building trust in and supporting people, not just their behaviors. Building positive, healthy relationships in places where people live, learn, work and play is the ultimate goal of our training programs.

The Mandt System, is a behavioral crisis interaction training, giving teachers tools to manage themselves and helps them teach others to manage their own behavior, recognizing the early warning signs of potentially violent behavior and intervene proactively through de-escalation techniques and positive behavior supports.

We provide training for classroom, clinical, and administrative personnel and encourage training the students and family members of students as well. The various training programs help school divisions provide the skills needed to build positive healthy relationships, better understand issues of trauma and behavior, and gain interaction skills for all students including students at risk of disruptive or violent behavior.

The incidents and intensity of violence in schools have escalated in the last several years. A number of behaviors can be potentially dangerous to students and staff in schools. Our first approach towards these issues is prevention, which is the main goal of The Mandt System training program. Our goal then, is to create a safe and caring schools by creating positive school cultures.

The Mandt System builds skill development through a system of gradual and graded alternatives for de-escalating and assisting people, using a combination of interpersonal communication skills, conflict resolution strategies and physical interaction techniques.

The Relational/Conceptual and Technical Level Train the Trainer training requires 5 full days.

**Relational Level** training with 3 chapters:

**Building Healthy Relationships** - Foundational Beliefs, Working as a Team, Dealing with emotions, Causes of Stress, and Crisis Cycle.

**Building Healthy Communication**, - Nonverbal Elements in Communication, Vocal Elements in Communication, Verbal Elements in Communication: strategies for De-Escalation

**Building Healthy Conflict Resolution** – Communicating through problem solving, Problem Solving technique.

**Conceptual Level** training with 4 chapters:

**Trauma Informed Services** – to help staff better work with people who have experienced trauma

**Positive Behavior Supports**—Supporting people not just their behaviors

**Legal and Liability Issues**—foundational legal and liability issues regarding support

**Medical Risk Factors**—an overview of risk factors in use of physical restraint

**Technical Level** training with 3 chapters:

**Assisting**—Body Mechanics, stances, physical supports to assist people,

**Separating**—physical techniques in separating people

**Physical Restraint** (prerequisite is the Relational Level, Medical Risk Factors and other Technical chapters)

The cost for Instructor level workshop (train the trainer): \$1,465, per person. This certification is for two years and includes all materials needed to train staff.

**Options for facilitating a train the trainer workshop:**

12 participants, if agency hosts a class, they receive a hosting credit of \$1,465.

10 participants, agency has to host, but does not receive a hosting credit.

8 participants, agency has to host, does not receive a hosting credit, and reimburses travel expenses of \$2,100.

Though the Instructor level (train the trainer) is most cost effective, we can also provide direct student level training. The cost for student level trainings is as follows:

**2-day Student Level certification:**

Minimum of 12 participants and maximum of 20 at cost of \$395 per participant